

Employee Assistance Program *Managers Hotline*

Manager Services

A confidential program that is specifically provided for managers or supervisors. Manager Services allows leaders to have access to specialist therapists for strategies, guidance and support to deal with issues related to their role as leaders. Managers can access these brief solution-focused sessions confidentially by telephone or in a confidential face to face or videoconference meeting with therapists with genuine management experience.

Coaching sessions can be included as a formal component of induction for recently promoted managers.

Manager Services provides leadership advice to managers on a broad range of topics including:

- Presentation of psychological Injury
- Organisational health and cultural advice
- Interpersonal conflict within teams
- Dealing with employees with problems impacting on work performance or behaviour
- Organisational change processes
- Employee performance management issues
- Effective workplace communication
- Leadership style and development
- Difficulties with team functioning
- Risk management and fatigue management strategies

1800 870 080



We encourage managers to call Lifeskills Australia if they are concerned about a person's behaviour or just want to get advice on a situation.